

WORKSHOP REPORT

DATE : 10th, OCTOBER, 2020 [SATURDAY]
ORGANISED BY : CBSE CEO [BHOPAL]
THEME : ASSESSMENT OF CO-SCHOLASTIC ACTIVITIES
RESOURCE PERSON : G.K.UDGATA , PRINCIPAL [DAV GIRLS PUBLIC SCHOOL]
ATTENDED BY : NAYYER A KHAN

CBSE-Centre of Excellence, Bhopal has organized workshop on the theme” Assessment of Co-Scholastic Activities”, which was facilitated by G.K.UDGATA , Principal [DAV Girls Public School].

The session begin with the discussion on the meaning and significance of Co-scholastic activities for the learners, which help students to develop problem solving, reasoning, critical thinking, creative thinking, communication and collaborative abilities, emotional development, social skill development and overall personality development. The main objective is the comprehensive and holistic development of children. CBSE recommends two major Co-scholastic activities: Art education and Health & Physical education [Work experience is subsumed]

SKILLS AND VALUES CAN BE DEVELOPED

- Logical & Analytical Thinking--analyzing reasons behind events and situations
- Critical & Creative thinking—examining concepts and ideas and thinking of newer ways and ideas to solve problems.
- Problem solving skills—solving problems utilizing various concepts and solutions.
- Leadership skills—taking initiatives and responsibilities, setting goals, motivating and influencing others to work towards good purpose.

TYPES OF CO-CURRICULAR ACTIVITIES

[ART & CRAFT RELATED]

- Album,Doll,Basket,Collage making
- Cooking
- Photography
- Clay modeling

[CULTURAL DEVELOPMENT RELATED]

- Dance & Music
- Folk Dance & Songs
- Fancy dress competitions
- Drama, Functions and trips.

[ACADEMIC RELATED]

- Book Clubs
- School magazine editor
- Poetry recitation
- Story writing
- Debates
- Preparing charts
- Organizing exhibitions

SEWA [SOCIAL EMPOWERMENT THROUGH WORK EDUCATION AND ACTION]

SEWA aims to develop a whole person in their intellectual, personal, social, emotional and social growth. Learners are expected to be life-long learners and through experiential learning develop as active citizens and caring and compassionate humans.

COMPETENCIES DEVELOPED THROUGH SEWA

- Social awareness, Self awareness and Empathy
- Self Management and Leadership Skills
- Creative and Critical Thinking
- Interpersonal skills and Effective Communication Skills

MAINSTREAMING HEALTH AND PHYSICAL EDUCATION

This is to ensure that the physical education component which will continue to be assessed internally is taken up as a cross-curricular, interdisciplinary discipline across the four strands.

Health and physical education focuses on

- Holistic development, both mental and physical
- Understanding the importance of physical fitness, health, and wellbeing.

EXPECTATIONS FROM THE SCHOOLS

- Planning, organizing, & delivering a League tournament.[Basketball, Cricket etc]
- Organizing sports meet, holding a friendly match between alumni, inter school/inter class matches, long distance runs and researching on Yoga ,running, Jogging, Dance, biking etc.
- HPE Format on CBSE Portal is to be compulsorily implemented for classes IX to XII.
- Marks will be awarded for Co-Scholastic activities, but should not be reflect in Report Card.

Detailed and deep information has been provided through this workshop .Highly enriching session it was and learn a lot about significance and necessity of co-scholastic activities with scholastic curriculum.

**REPORT PREPARED
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[ENGLISH TEACHER]**