



**TEACHER'S TRAINING /WORKSHOP REPORT**

**DATE : 7.6.2021**  
**ORGANISED BY : Coe PATNA**  
**TOPIC OF THE SESSION : EFFECTIVE COMMUNICATION SKILL**  
**TIME OF ONLINE SESSION : 11:00-12:00 AM**  
**NAME OF RESOURCE PERSON : MS. P.S KALRA**  
**ATTENDED BY : MS. UZMA ABBASI**

**FOLLOWING POINTS WERE EXPLAINED DURING THE SESSION:**

- Life skills
- Types of life skills
- Importance of life skills
- How do life skills help?
- What is communication?
- Communications skills, barriers in communication

**REPORT SUBMITTED BY**

**UZMA ABBASI**