



DATE & DAY : 2nd JULY, 2021 (FRIDAY)
ORGANISED BY : CBSE,COE, DELHI WEST
THEME : HAPPY TEACHER CREATES HAPPY CLASSROOMS
RESOURCE PERSON : RAJESH KUMAR SRIVASTAV (EDUCATIONIST)
ATTENDED BY : ANIL KUMAR TIWARI

Webinar report on topic” **HAPPY TEACHER CREATES HAPPY CLASSROOMS**” organised by **CBSE,COE, DELHI WEST** by resource person **RAJESH KUMAR SRIVASTAV (EDUCATIONIST)** focusses on following main points-

A happy classroom is every teacher's dream. This can be achieved without compromising academic results and the personal growth of your students.

Emotional intelligence

- Strategies for self regulation
- understanding relationships
- decoding the language of behaviour
- emotional intelligence refers to how well we handle ourselves and our relationships

How do I know that I am an emotional intelligence teacher?

- Do I appreciate children? Do I have self knowledge?
- Am I open a my warm? How accepting I am?
- Do I support?
- Am I flexible?
- Am I empathetic?
- Do I show respect?
- Am I accountable?
- Do I set and move towards goal?

Intelligence quotient versus emotional quotient

Research indicates that IQ can help you to be successful to the extent of 20% in life the remaining 80% is dependent on your EQ.

- Understanding relationship
- group activity

- poster making
- poster must depict- challenges faced in the classroom
- challenges faced in the staff room
- silent poster walk discussion

Why do student misbehave and how can it be managed?

What causes misbehaviour?

- Psychological factors biological factors and environmental factors
- Misbehaviour is a type of communication listen and observe carefully.

Exploring happiness-

- Pleasure and wellbeing activity
- The participants to divide into two large sections-
- larger sections were further be divided into smaller groups of section-1:5 to 10 participants.
- smaller groups of section- 1: Pleasure smaller groups of section- 2 Wellbeing

Happiness is when your life is your needs

What is happiness?

Happiness is what you feel when you feel, satisfied and fulfilled. Happiness is a feeling of contentment that life is just as it should be. Perfect happiness enlighten, comes when you have all of your needs satisfied.

It is different from pleasure, which is a fleeting set of Joyful experience.

Really, it was totally knowledgeable session.

Report presented by

ANIL KUMAR TIWARI