



TEACHER'S TRAINING /WORKSHOP REPORT-

DATE & DAY OF SESSION	: 05/07/2021,Monday
ORGANISED BY	: COE- Chandigarh
TOPIC OF THE SESSION	: Addressing Socio-Emotional Needs of Student
TIME OF ONLINE SESSION	: 15:00-16:00 PM
NAME OF RESOURCE PERSON	: MS. Seema Bhushan
ATTENDED BY	: Mr. Rajeev Tripathi

Social-emotional learning is the process through which children develop skills that help them understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. In other words, SEL helps students strengthen resiliency, improve their communication skills, and it positively impacts their overall health and well-being.

Whether learning takes place in person or online, it is possible to support the transition with practical strategies that consider the value of SEL with three main considerations:

1. **Start with relationships first.** We know that a teacher's relationship with a student is indicative of whether or not they show up for remote learning classes. If educators have opportunities to build better relationships with students and their families, students have the potential to achieve better outcomes. This also means we should provide opportunities for students to build relationships with one another and also for educators to share best practices in positive and productive ways.
2. **Establish effective communication.** We must be intentional about our communication with students, educators, and families. Make sure resources to help students and families are collected in one location. Having access to communication in one place can reduce confusion and make it easier for educators and students to stay connected as they adjust to a new learning program.
3. **Build communities of learners.** Remember to provide opportunities for students to engage with one another and in activities that support mutual learning goals. Finding ways for students to work collaboratively is possible, no matter where learning takes place. By applying these strategies, we have the potential to create supportive, engaging learning environments. How we build that community of learners does matter and will be an indicator of success for the future.