



TEACHER'S TRAINING /WORKSHOP REPORT

DATE : 3.8.2021
ORGANISED BY : DELHI WEST
TOPIC OF THE SESSION : DECISION MAKING SKILLS IN ADOLESCENT
TIME OF ONLINE SESSION : 3:15am-4:15 PM
NAME OF RESOURSE PERSON : MR. PANKAJ MUNJAL
ATTENDED BY : MS. UZMA ABBASI

Following points were explained :

-5 Stages of adolescent

- **Biological growth and development.**
- **An undefined status**
- **Increased decision making**
- **Increased pressure**
- **Search for self**

-Transition from childhood to adulthood

-Strong natural preoccupation with appearance

-intense and variable emotional state

-High need for support and acceptance

- Human conduct

REPORT SUBMITTED BY

UZMA ABBASI

